

# User Manual

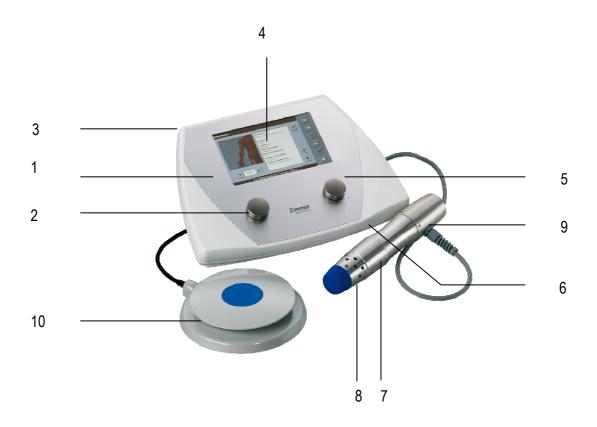
# en*Puls*

Version 2.0



## Front view of device

## Control unit / Handpiece / Footswitch



Selection and control	1	Control unit
elements	2	Pulse energy controller
	3	Touch pen in holder
	4	Display
	5	Frequency controller
	6	SD card slot
Handpiece	7 8 9	Handpiece with applicator head 25 mm Air vents, front Air vents with fan, rear
Footswitch	10	Footswitch

## Front view of device

#### Display

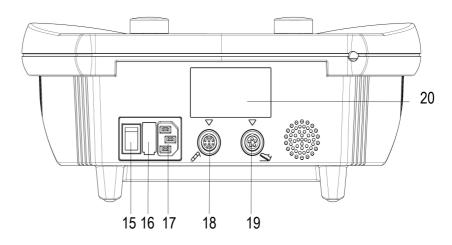
13 P 02 Continuous 10 Hz 14 Favorites 0 Preselection 12 . Continuous Programs Current Mode 0 Count direction **10** Hz Memory Frequency  $\Rightarrow$ Back Energy 11 -Ready

#### **Screen readouts**

- 11 Status bar
- 12 Screen controls
- 13 Title bar
- 14 Navigation bar

## Rear view of device

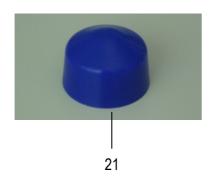
#### Switch and connector sockets



# Switch / Connector sockets

- 15 Main switch
- 16 Mains fuse
- 17 Port for mains cable
- 18 Port for handpiece
- 19 Port for footswitch
- 20 Serial number / manufacturer's plate

## Accessories





- Silicone cap 25 mm applicator head 15 mm applicator head 6 mm applicator head 21 22 23 24

## Contents

Front view of device

en*Puls* 

	Figures - Control unit / Handpiece / Footswitch Figures - Display	
	Rear view of device Figures – Switch and connector sockets	
	Accessories Figures	
1	enPuls briefly 1.1. Summary 1.2. Quick operation instruction 1.3. How to use enPuls 1.4. Handpiece 1.5. Applicator heads 1.6. Footswitch	7 8 10 11 12 13
2	Installation 2.1. Fitting the cables, starting the system 2.2. Settings	14 15
3	SD-Card	17
4	Treatment screen	18
5	Favorites and Memory list 5.1. Saving modified programmes 5.2. Retrieving and editing Favorites list and the Memory list	21 22
6	Description of the selection keys	24
7	Medical information 7.1. Indications 7.2. Contraindications	26 27

### **Contents**

	Compared Information	
	<b>General Information</b> 8.1. Explanation of symbols	28
8	8.2. Warnings	29
•	8.3. Technical data	30
	8.4. Technical information	31
	8.5. CE Marking / Legal information	32
9	Maintenance	33
10	Troubleshooting	35
11	Function test	37
12	Error messages	38
13	Scope of delivery - Accessories	39
14	Manufacturer's declaration of Electromagnetic Compatibility	40

Valid for the en*Puls* V.2.0 devices
These operating instructions are an integral part of the device.
They must be stored with the device and kept accessible at all times for anyone authorized to operate this device. These Instructions form is a part of the appartures and must be kept with it at all times. Full observation of these instructions is a requirement for the correct application and operation of the equipment and for consequent saftey for patient and operator.

These operating instructions are valid from 01 June 2011.

1.1. Summary

What is enPuls?

A state of the art therapeutic massager

Radial Pulse Therapy

Radial Pulse Therapy is a procedure for relief of minor muscle aches and pains and for temporary increase in local blood circulation

What does enPuls do?

Creation of radial pulses using an ergonomic handpiece and the transmittal of the radial pulses via special applicators.

enPuls has a maximum penetration depth of about 35 mm in human

tissue.

How are radial pulses generated with en*Puls*?

An electromagnetic field is generated via a coil in the back of the handpiece.

A projectile is accelerated as a result of the field; this strikes against the applicator head at the front of the handpiece and generates pulses, which spread out radially in the tissue.

What are the advantages of enPuls?

The innovative technology allows a compact design with no need for a compressor.

The clear and modern colour display shows all relevant parameters for treatment and the modern touch operation ensures pleasure and motivation when providing treatment.

Individual program start configuration and clear, simple menu navigation make operation of the device easy and comfortable for users.

Infinitely variable frequencies and various applicators allow treatment to be adapted to the particular condition of the patient.

The compact design saves room in the practice and is highly suited for use in home visits.

The unit must only be operated by medical practitionars.

en*Puls* has been constructed and designed solely for the treatment of superficial orthopaedic problems in humans and animals.

Caution

Federal law restricts this device to sale by or on the order of a physician.

7

### 1.2. Quick operation instruction

**Note:** The following descriptions are all based on factory settings.

**Note:** All buttons, menus and submenus are activated directly on the screen by

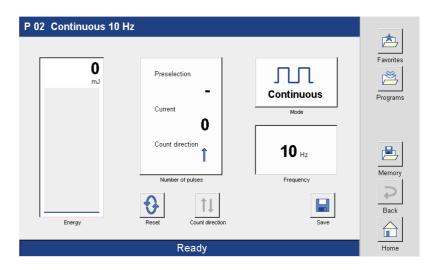
touching or using the touch pen.

#### Starting the program



Press the "Start" button to open the treatment screen for program P 02.

#### Treatment screen



**Applicator** 

Select the appropriate applicator head for the treatment you wish to carry out and screw this correctly onto the handpiece.

Positioning handpiece / applicator

Position the handpiece on the selected treatment point / field. To avoid any friction on the skin, en*Puls* lotion may first be applied onto the treatment area.

1.2. Quick operation instruction

When using lubricants, the applicator head must be covered with a

silicone cap to protect it.

**Setting the frequency** Adjust the frequency using the right controller, if necessary.

Setting Adjust the pulse energy using the left controller.

**Starting treatment** Depress the footswitch to start the treatment.

The display in the bottom status bar changes from 'Ready' to 'Active'.

Only activate the unit via the footswitch once the handpiece has been

positioned on the patient.

Deactivating the footswitch interrupts or ends the treatment. The display **Ending treatment** 

in the bottom status bar changes from 'Active' to 'Ready'.

The device ends the treatment automatically once the preselected

number of pulses has been reached.

Note: During treatment, the patient must be observed closely and the treatment

must be adjusted, if necessary, or discontinued, should any problems

arise.

9

! Caution

the pulse energy

Note:

#### 1.3. How to use en*Puls*



Start treatment

enPuls operates with mechanical energy.

The energy is transmitted to the patient via a handpiece, which is usually held in one hand.

To do this, the handpiece is placed on the area or point of treatment with the applicator head held vertically.

When the unit is activated, it is possible to work either steadily on a single site or dynamically over an area.

It is advisable to use en*Puls* lotion (included in the accessories) in order to reduce friction on the skin.

The weight of the handpiece means that it is normally not necessary to apply pressure to the treatment area / point.

The handpiece is placed on the treatment area / point and held loosely in position with one hand.

If required, additional pressure may be applied in the direction of the tissue, and the working angle can be varied.

! Caution

When using en*Puls* lotion or other lubricants, the applicator head must be covered with a silicone cap to protect it.

Note:

Despite high internal damping as a result of the weight and design of the handpiece, vibrations may cause strain to the user's hand.

Recommended protective measure:

- Limit the duration of exposure

Note:

The patient should be carefully monitored throughout the treatment.

# 1

#### 1.4. Handpiece

The handpiece (7) contains the pulse generator, a fan to dissipate heat and the slot for the different applicator heads. It is connected to the control unit (1).

Note:

The pulse generator in the handpiece is an expendable part and has to be replaced after a specific period of use, as its functionality decreases over time.

Zimmer MedizinSystems guarantees unrestricted use of at least 2 million pulses per pulse generator.

Wear on the pulse generator varies. Depending on performance and frequency, sometimes far more than 2 million pulses can be delivered.

For more information on the need to replace the pulse generator, see chapter 10.



To work with the handpiece on a patient, it is essential that one of the applicator heads is screwed tightly onto the handpiece as far as it will go.

The cable should not be stretched beyond its maximum length and must be protected against pinching or any other mechanical damage.

To avoid heat accumulating in the handpiece, it is essential to ensure that the hand holding it or anything else does not block the air vents at the top, and particularly, on the base of the handpiece.

Standby mode on device and handpiece

The fan in the handpiece is started by depressing the footswitch and stops automatically after reaching a certain temperature.

#### 1.5. Applicator heads

There are 3 different applicator heads available for treatment.

Changing applicator heads

To change the various applicator heads, hold the handpiece in one hand and unscrew the applicator head from the handpiece with the other hand (anticlockwise). Screw the required head tightly onto the handpiece (clockwise), until the black outside ring of the applicator head rests on the handpiece (there should no longer be any thread visible).

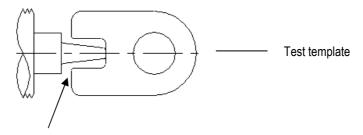
Note:

Applicator heads are expendable parts and must be replaced after a certain period of use.

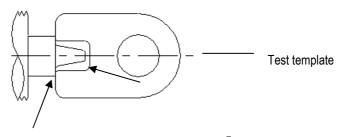
Minor / slight deformation or shortening of the rear impact dome does not affect functionality.

In cases of greater deformation or stronger shortening of the rear impact dome the applicator head must be replaced.

A test template is supplied with the device that enables the user to test if the wear limit has been reached (see diagram).



Air gap → applicator OK



Template makes contact or air gap at the tip → Wear limit has been reached

#### 1.6. Footswitch

Place the footswitch so that it can be reached easily during treatment. The footswitch control unit is multi-directional so it is not necessary to align the footswitch exactly.

To avoid damage, please note that only slight pressure needs to be exerted on the switch. Use the front part of your foot, not the heel to operate the footswitch.

The switch does not have a locking device, which means that it only remains actuated as long as pressure is applied to it.

Installation

2

# 2.1. Fitting the cables, starting the system

**Note:** Before starting up the system, remove enPuls from its transport case.

Do not operate the device while it is in the case. Ensure that enPuls is placed on a stable surface.

**Note:** Make sure that the main switch on the device is set to '0'.

Connecting the mains cable

Connect the mains cable to the designated port (17) of the device and

then plug into the mains.

Connecting the handpiece

Plug the handpiece into the appropriate socket (18) of the device and

place it on the table.

**Note:** Ensure that an applicator head is inserted into the handpiece and that it

is properly screwed in as far as it will go.

Connecting the footswitch

Plug the footswitch into the appropriate socket (19) of the device and

then place it on the floor.

**Switching on the device** Switch on the device using the main switch (15).

Installation

2

#### 2.2. Settings

Note:

Changes to the default settings can only be made from the start screen. Press button "Settings" to open the Settings screen

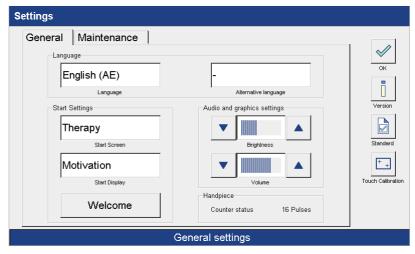


Figure 1

Language

Press this button to open the menu to select the language. The language is selected by pressing on the appropriate row in the pull down menu.

Start settings

Start screen

Option to choose between 5 start screens.

Press the button to open the pull down menu to select the start screen.

The start screen is selected by pressing on the appropriate row.

Start display

Option to choose between 2 start displays:

Press the button to open the menu to select the start display. The start display is selected by pressing on the appropriate row.

Welcome message

Option to configure an individual welcome message.

Activate the welcome message field to open the keyboard in order to

enter a welcome message.

Installation

2

#### 2.2. Settings

#### Audio / graphic settings

**Brightness** Option to adjust the brightness of the screen lighting.

Adjust the volume using the two arrow keys.

**Volume** Option to adjust the volume of the signals when activating the control

fields.

Handpiece counter status

The counter status for the handpiece that is currently connected, is

shown in this display field.

**Version** Press the version button to open the window with information about the

current software version of the device.

Default settings

Press the default button to reset the factory default settings.

**Touch calibration** Press the "Touch Calibration" button to open the screen to carry out the

touch calibration.

This can be done to improve the touch input if it is not sufficiently

accurate.



First press the + symbol in the top left corner. A + symbol appears then

in the lower right corner.

Then precisely press the + symbol in the lower right corner.

Repeat the procedure to complete the touch calibration.

**Alternative language** The option "Alternative language" is inactive.

**SD-Card** 

User-defined settings are saved on the SD card.

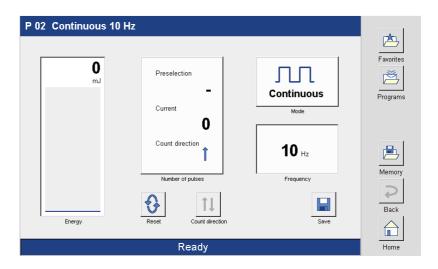
Note:

If the SD card is not inserted, the message 'SD card not found' appears when the 'Favorites' and 'Memory' buttons are pressed.

Deactivate the message by pressing the button "OK" and continue.

**Treatment screen** 





Title bar

The title bar shows the name of the current program.

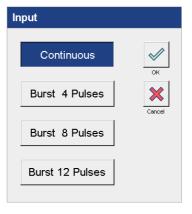
Status bar

The status bar shows the information about the current status of the treatment. If the treatment is not active, it shows the word 'Ready' and if treatment is running the text 'Active' appears.

Mode

Shows the selected operational mode (continuous in this case).

Press the 'Mode' button to open the 'Input' window and select the operational mode (continuous, Burst 4 Pulses, Burst 8 Pulses, Burst 12 Pulses)



Frequency

Shows the selected frequency.

Change the frequency using the right controller.

Frequency range: 1 Hz - 16 Hz, adjustable using the right controller in 1 Hz steps.

Treatment screen

**Energy/ Bar graph** Shows the selected pulse energy. When treatment is active the bar

graph is filled in.

Setting the pulse energy can be done either before or during pulse

delivery.

The pulse energy can be set at the levels 60, 90, 120 or 185 mJ.

Save After changing the parameters, based on individual needs, press the

button "Save" for saving the settings either in the Favourites list or the

Memory list.

**Count direction** Press to set the count direction (increasing or decreasing) of the number

of pulses set.

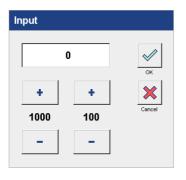
**Number of pulses**Shows the pre-selected pulse numbers as well as the current number of

pulses delivered to the patient.

Also the count direction (increasing in this case) is shown.

Pressing the "Number of pulses" field opens the Input window, defining

pre-selection.



**Note:** enPuls offers two options for pulse delivery:

Pulse delivery without pre-selecting the pulse number

For pulse delivery with no pre-selected number of pulses, the device does not end the treatment. As long as the footswitch is activated, pulses will be delivered.

For pulse delivery with no pre-selected number of pulses, only the upward count direction is active.

**Treatment screen** 

Pulse delivery with pre-selection of the number of pulses For pulse delivery with a pre-selected pulse number, the device ends the treatment once the pre-selected number of pulses has been reached.

The footswitch is deactivated and pulse delivery is no longer possible.

The treatment can be continued by resetting the current number of pulses or by adjusting the pre-selection.

When the number of pulses is pre-selected the count direction is automatically set to decreasing. By pressing the 'Count direction' button on the treatment screen the increasing count direction button can be selected.

#### 5.1. Saving modified program

Programs can be stored either in the Favorites list or the Memory list.



Program name

For saving the program enter the program name using the keyboard

**Favorites** 

Press the "Favorites" button to open the Favourites list and automatically save the program.

The program is automatically saved in the first free space in the list.

Memory

Press the "Memory" button to open the Memory list and automatically save the program.

The program is automatically saved in the first free space in the list.

Note:

If the 'Memory' or 'Favorites' button is pressed without entering a program name, an error message appears.

Acknowledge these message with 'OK', enter a program name and repeat the save procedure as described above.

## **Favorites and Memory list**

5

# 5.2. Retrieving and editing Favorites list and the Memory list

Note

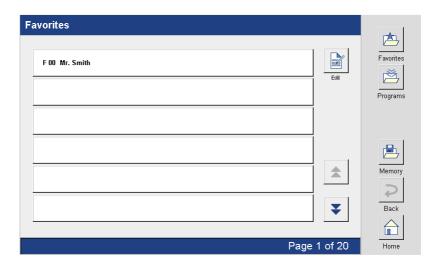
The following steps to edit the Favourites list correspond exactly to those used to edit the Memory list.

Individual saved programs are listed in Favorites or Memory list. From here they can be:

- 1. retrieved for treatment or
- 2. edited (sequence changed or deleted).

# Selecting the Memory or Favorites list

In the navigation bar press the 'Favourites' or 'Memory' button to open the corresponding list.



Retrieving a program

In the list select the desired program by pressing the appropriate row.

# 5.2. Retrieving and editing Favorites list and the Memory list

#### **Editing**

Press the 'Edit' button to open the 'Edit Favorites' screen



Activate the desired program by pressing the appropriate row.

You are now able to

- Move or
- Delete

the selected program.

## **Description of the selection keys**





Press the button to open the screen to save a program.

The "Save" button can only be pressed from the treatment screen.



Can be used to reverse the counting direction.



Pressing the key reset the current number of pulses

- to 0 by increasing counting direction
- to the preset value by decreasing counting direction.



Press the button to move an item of the list upwards by one position.



Press the button to move an item of the list downwards by one position.



Press the button to delete the selected program from the list.



Scrolling forwards

Press the button to scroll one page down the list.



Scrolling backwards

Press the button to scroll one page up the list.



The changes are applied by pressing the button.

## **Description of the selection keys**





Press the button to reject the changes made.



Activation of the "+" button increase the pulse rate in 1000 increments, activation of the "-" button reduces the number of the pulses in 1000 steps.





Activation of the "+" button increase the pulse rate in 100 increments, activation of the "-" button reduces the number of the pulses in 100 steps.



Press the button to open the Program window.



Press the button to return to the Start screen.

## **Medical information**

## 7.1. Indications



• For relief of minor muscle aches and pains and for temporary increase in local blood circulation

#### **Medical information**

# 7

#### 7.2. Contraindications



- vascular diseases present in or near the treatment area
- local infections in the treatment area
- around malignant or benign tumours
- directly on cartilage surfaces or near the small facet joints of the spinal column
- directly over implanted electronic devices such as pacemakers, analgesic pumps, etc.
- in areas, in which mechanical energy in the form of vibrations may lead to tissue damage such as metal implants after a fracture

#### In general we advise against treatments

- if blood clotting disorders are present or the patient is receiving treatment that results in a change in the blood clotting behaviour
- during pregnancy
- on patients with neurological diseases resulting in impairment of the vasomotor function in the treatment area
- over air-filled cavities such as treatment on the thoracic spine, etc.
- on children, particularly around the epiphyseal plates

#### Care is required for patients

- with impaired sensibility
- with severe autonomic disorders
- under the influence of drugs and/or alcohol

as circulatory stresses and inadequate treatment responses cannot be excluded.

## 8.1. Explanation of symbols

#### Danger / Warning

In the Operating Instructions, this symbol stands for **Danger / Warning**.



Caution

In the Operating Instructions this symbol stands for 'Caution' with regard to possible damage to property.



Port for handpiece



Port for footswitch



Follow Operating Instructions



Instrument type BF (according IEC60601-1):

Degree of protection against electric shock

Device must not be used at heart



Value of the accessible fuses



Class II



**ETL Testmark** 

# 8

#### 8.2. Warnings

- ļ
- Users of the enPuls device must be trained in how to use the system properly and have the appropriate skills.
- ١
- Any treatment instructions regarding treatment location, duration and strength require medical knowledge and should only be given by authorized doctors, therapists and health paraprofessionals. It is imperative that these instructions are followed.
- ١
- Treatment must always be carried out under medical supervision.
- 1
- The enPuls handpiece is not designed for permanent use. After a treatment with max. 6000 pulses, a break of 15 min. becomes necessary.
- The instruments must only be operated with the mains cable provided. Protect the mains cable from any mechanical stress.



#### Warning:

Patients who are concurrently receiving treatment involving a reduction and/or modification of blood clotting or prolongation of the blood clotting time (e.g. with acetylsalicylic acid) should consult their therapist about possibly stopping this treatment as these patients may be more prone to greater haemorrhaging and bruising when radial pulses are applied.



- Radial Pulses are strongly scattered in air pockets and create reflections that may have negative effects.
  - You must therefore never perform any direct treatments over the lungs (intercostal spaces) or the gastrointestinal area.



It must not be used in wet areas. If it is used in wet areas, significant damage may result, and patients and users may be endangered.



#### Warning:

This device should not be used over swollen or inflamed areas or skin eruptions. Do not use in presence of unexplained calf pain. Consult a physician.

8

#### 8.3. Technical data

**Intended use:** Therapeutic massager

**Dimensions** L 322 mm / W 235 mm / H 130 mm

Weight 2.7 kg

**Power supply** 100–240 VAC / 50/60 Hz

**Fuse** 3,15 AT

Protection class || Application class || BF

**Frequency range** 1 Hz – 16 Hz, can be adjusted in 1 Hz steps

3 burst modes 4, 8, 12 pulses with 16 Hz (0.5 s)

Pulse energy levels

4 selectable fixed settings 60 / 90 / 120 / 185 mJ (at the applicator)

at 16 Hz max. 120 mJ

Mode of operation Intermittent use max. 6000 pulses / 15min. break

Accuracy ± 20%

Handpiece: Ergonomic model with anodized aluminium case and fan cooling

**Dimensions** 230 mm in length, 50 mm diameter

Weight 850 g (with cable)

**Service life** 2,000,000 Pulses (minimum)

Applicator heads exchangeable without any tools (6 / 15 / 25 mm

diameter)

**Dimensions** L 580 mm / W 470 mm / H 250 mm

(complete with case)

**Total weight** 13 kg (total with case)

**Environmental conditions** 

**Operational environment** 10 to 35 °C (50 to 75 °F); 700 hPa – 1060 hPa

20% to 80% rel. humidity, not condensed

Storage / Transport

Short-term -10 to 55 °C (14 to 131 °F); 700 hPa – 1060 hPa

20% to 80% rel. humidity, not condensed

Long-term 0 to 40 °C (32 to 104 °F); 700 hPa – 1060 hPa

20% to 80% rel. humidity, not condensed

Regulatory Compliance IEC/EN 60601-1

IEC/EN 60601-1-2

8

#### 8.4. Technical information

As the manufacturer Zimmer MedizinSystems can only be responsible for the safety and reliability under the following circumstances:

- if the device is operated from an approved, grounded wall socket
- if the device is operated in accordance with the Operating Instructions
- if extensions, reconfigurations or modifications are implemented only by persons authorized by Zimmer MedizinSystems
- users must ensure that the device and the handpiece are operating correctly; are mechanically intact and are in good condition before using them
- disconnect the device from the power supply immediately if it is exposed to liquids.

The device does not contain any parts that must be maintained or repaired by the operator.

6

## 8.5. Legal information

**Legal Information** 

National laws and regulations must be observed when installing and operating this treatment device.

Maintenance

Separate servicing is not required for this product.

Before starting any maintenance or cleaning, the device must always be switched off at the main switch and the plug pulled out.

You should also check the applicators domes for any wear, as described in chapter 1.5.

Attention

When using lubricants, it is essential to pull the silicone cap over the

applicator head.

If you do not use the protective cap, the lubricant can get inside the applicator head and handpiece, which can lead to permanent soiling and

malfunctioning.

Note:

In this case the warranty becomes void.

Cleaning / disinfection

Clean the device and handpiece with soap lotions or cleaning agents that

do not content alcohol or solvents.

Conventional disinfecting products used for medical equipment are

suitable.

Note:

It is essential to ensure that no moisture gets into the system when

cleaning.

Maintenance

0

Monitoring the handpiece temperature

Generating mechanical radial pulse energy causes a considerable build up of heat in the handpiece. To avoid shortening the lifetime of the handpiece, a temperature switch has been integrated. This triggers an internal switch-off, if the temperature becomes too high, forcing the handpiece to cool.

If the temperature switch is activated, this is indicated by a message on the display and pulses can no longer be emitted.



After acknowledging the message with 'OK', the treatment screen comes to the foreground with the message 'Over temperature' in the status bar.

As soon as the handpiece has reached the operating temperature, the message 'Over temperature' is replaced by the message 'Ready' in the status bar and the treatment can be continued.

Troubleshooting

# Failure or malfunction of the handpiece

Check to ensure that the handpiece plug is properly connected to the device.

It must be fully engaged.

Check the cable of the handpiece for any mechanical damage.

#### Irregular delivery of radial pulses / overheating of handpiece

Possible cause 1: Wear of applicator head

Difficult to move due to wear

Applicator heads are wear parts and should be replaced after a specific number of pulses.

## Remedying cause 1

Removal of parts subject to abrasion:

Remove the applicator head from the handpiece and clean the rear dome thoroughly. Then hold the handpiece, without the applicator head, with the opening downward and, at 2 or 5 Hz frequency, release a few pulses (maximum 10) at the lowest energy level. Then reinsert the applicator head.

If the error still occurs, the applicator head has to be changed.

Possible cause 2: Wear of pulse generator

The pulse generator is an expendable part and should be replaced after 2 million pulses.

Check the total number of pulses of the device in the configuration menu.

# Remedying cause 2

If the total number of 2 million pulses has been reached or exceeded, the pulse generator must be replaced.

To replace the pulse generator, contact a qualified customer engineer or the head office in Irvine, USA.

No response at main switch / display remains dark

Make sure that the mains plug is properly inserted in the power outlet and the device connector is firmly plugged into the device port.

Inspect the mains cable for damage.

Check the power supply and the power plug.

Above the mains input socket of the device, there are fine-wire fuses, which isolate the mains voltage in the event of any electrical problem. Open the flap and check the fuses.

Replace any faulty fuses.



Only replace a fuse with one of exactly the same name or one that is equivalent. Before doing this, check the entire power supply for any possible faults.

If the error occurs again, it is essential to inform the service/after-sales service department.

Function test

en*Puls* runs a self-test that checks all internal components after it is switched on.

An error message is shown in case of faults.

In addition, a function test shall be made as follows.

This test shall be made monthly or in case of doubt about the proper function of the device.

Before performing the function test, check whether the handpiece and

the footswitch are connected correctly to the device.

Check for proper mains connection.

**Function test** 

**Testing** Switch on the device.

Note:

Depress the footswitch briefly – the fan and pulse generator will start immediately, whereby the pulse generator has to operate at the frequency indicated on the display (5 Hz as default value).

**Note:** On conclusion of the test, switch off the device at the main switch.

If a treatment is to be performed immediately afterwards, set the required treatment parameters and proceed as mentioned in Chapter 4.

**Error Messages** 

In the status bar the message 'Handpiece not found' appears.

Check that the handpiece is correctly connected

Monitoring the handpiece temperature

Generating mechanical pulse energy causes a considerable build up of heat in the handpiece. To avoid shortening the lifetime of the handpiece, a temperature switch has been integrated. This triggers an internal switch-off, if the temperature becomes too high, forcing the handpiece to cool.

If the temperature switch is activated, this is indicated by a message on the display and pulses can no longer be emitted.

After acknowledging the message with 'OK', the treatment screen comes to the foreground with the message 'Over temperature' in the status bar. As soon as the handpiece has reached the operating temperature, the message 'Over temperature' is replaced by the message 'Ready' in the status bar and the treatment can be continued.

In the status bar the message 'Ready' appears and despite depressing the footswitch no pulse is triggered.

Check that the pulse energy is set.

**message 'Ready' appears** Check that the footswitch is correctly connected.

Inspect the footswitch cable for any damage or kinks.

Check whether the footswitch dome can be moved or whether it is blocked.

Please contact after-sales service if this fails.

After-sales service is reached through your authorised sales representative or by contacting the head office in Irvine, USA.

No SD-Card found

If the SD card is not inserted, the message 'SD card not found' appears

when the 'Favourites' and 'Memory' buttons are pressed.

Insert card and confirm with 'OK'.

Disposal

The device must be disposed of by an approved disposal company and

must not be discarded with household or special waste.

### Scope of delivery

5416	1	Control unit enPuls Version 2.0
5410	1	Handpiece, complete with a 15 mm applicator head
93133521	1	6 mm applicator head
93133511	1	15 mm applicator head
93133501	1	25 mm applicator head
50500017	10	Silicone caps
50500018	1	enPuls lotion
94130410	1	Footswitch
67300128	1	Mains cable
10101888	1	Operating instructions
63061010	1	Test template
87053010	1	Transport case
65800410	2	Touch pens
63230311	1	Holder for handpiece

# Accessories Item No.

63230311	Holder for handpiece
93133521	6 mm applicator head
93133511	15 mm applicator head
93133501	25 mm applicator head
50500017	Silicone cap
50500018	enPuls lotion
94130410	Footswitch
67300128	Mains cable
87053010	Transport case with foam insert
10101888	Operating Instructions
63061010	Test template
65800410	Touch pen

Medical electrical devices such as en*Puls* Version 2.0 are subject to special precautions with regard to electromagnetic compatibility (EMC) and must be installed and commissioned in accordance with the EMC advice given in the instructions for use and accompanying documents.

Portable and mobile RF communication systems (e.g. mobile phones) may interfere with medical electrical equipment.

en*Puls* Version 2.0 should only be operated with the original mains cable specified in the list of contents delivered. Operating the device with any other mains cable can lead to increased emissions or reduced interference immunity of the device.

Guidelines and manufacturer's declaration – electromagnetic interference			
The device en <i>Puls</i> Version 2.0 is intended for operation in an electromagnetic environment as indicated below. The customer or user of the en <i>Puls</i> Version 2.0 should ensure that it is operated in such an environment.			
Interference tests Conformity Electromagnetic environment guide			
RF emissions according to CISPR 11	Group 1	The device en <i>Puls</i> Version 2.0 uses RF energy solely for its internal functioning. Its RF emission is therefore very low and it is unlikely that this will cause interference to neighbouring electronic equipment.	
RF emissions according to CISPR 11	Class A	The device en <i>Puls</i> Version 2.0 is suitable for	
Harmonic emissions according to IEC 61000-3-2	Class A	use in all installations including those in a residential environment and those which are directly connected to the public mains network	
Voltage fluctuation emissions and flicker according to IEC 61000-3-3	Conforms	which also supplies buildings which are used for residential purposes.	

The device should not be used when placed immediately next to or stacked on top of other devices. If operation is necessary when immediately next to or stacked on top of other devices, the device should be monitored to ensure it is operating as intended in this arrangement.

14

#### Guidance and manufacturer's declaration - Electromagnetic immunity

The en*Puls* Version 2.0 device is intended for use in the electromagnetic environment specified below. The customer or the user of the en*Puls* Version 2.0 device should assure that it is used in such an environment.

Immunity test	IEC 60601 test level	Compliance level	Electromagnetic environment - Guidance
Electrostatic discharge (ESD) to IEC 61000-4-2	± 6 kV contact ± 8 kV air	± 6 kV contact ± 8 kV air	Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30%.
Electrical fast transient / burst to IEC 61000-4-4	± 2 kV for power supply lines ± 1 kV for input / output lines	± 2 kV for power supply lines not applicable	Mains power quality should be that of a typical commercial or hospital environment.
Surge IEC 6100-4-5	± 1 kV differential mode ± 2 kV common mode	± 1 kV differential mode ± 2 kV common mode	Mains power quality should be that of a typical commercial or hospital environment.
Voltage dips, short interruptions and voltage variations on power supply input lines IEC 61000-4-11	<5% U <sub>T</sub> (>95% dip in U <sub>T</sub> for 0.5 cycle)  40% U <sub>T</sub> (60% dip in U <sub>T</sub> for 5 cycles)  70% U <sub>T</sub> (30% dip in U <sub>T</sub> for 25 cycles)  <5% U <sub>T</sub> (>95% dip in U <sub>T</sub> for 5 seconds)	<5% U <sub>T</sub> (>95% dip in U <sub>T</sub> for 0.5 cycle)  40% U <sub>T</sub> (60% dip in U <sub>T</sub> for 5 cycles)  70% U <sub>T</sub> (30% dip in U <sub>T</sub> for 25 cycles)  <5% U <sub>T</sub> (>95% dip in U <sub>T</sub> for 5 seconds)	Mains power quality should be that of a typical commercial or hospital environment. The user of the en <i>Puls</i> Version 2.0 requires continued operation during power mains interruptions. It is recommended that the en <i>Puls</i> Version 2.0 be powered from an uninterruptable power supply or a battery.
Power frequency (50/60 Hz) magnetic field to IEC 61000-4-8	3 A/m	3 A/m	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commerical or hospital environment.

The main features of the en*Puls* Version 2.0 are as follows: interference-free delivery of pulses, interference-free control of all functions. Uninterrupted operation is not required with the use intended.

#### Guidelines and manufacturer's declaration - electromagnetic interference immunity

The device en*Puls* Version 2.0 is intended for operation in the electromagnetic environment specified below. The customer or user of the en*Puls* Version 2.0 should ensure that it is used in such an environment.

Conducted RF disturbance variables according to IEC 61000-4-6 Radiated RF 80 MHz to 2.5 GHz 3 Veffektive value 150 kHz to 80 MHz 150 kHz t
disturbance variables according to IEC 61000-4-3  80 MHz to 2.5 GHz  Recommended separation distance:  d= 1.2 √P  d= 0.35 √P for 80 MHz to 800 MHz  Where P is the rated power of the transmitin Watts (W) according to the transmiter manufacturer and d is the recommended separation distance in meters (m).  According to an investigation in situ³, the f strength of stationary radio transmitters she less than the compliance level at all frequencies.  Interference may occur in the vicinity of equipment which is marked with the follow symbol:

NOTE 1 At 80 MHz and 800 MHz the higher frequency range is applicable.

NOTE 2 These guidelines may not be applicable in all cases. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

14

- Theoretically, it is not possible to exactly predict the field strengths of fixed transmitters such as base stations for radio telephones and land mobile radios, amateur radio stations, AM and FM radio and TV broadcasting. To determine the electromagnetic environment in relation to the fixed transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location where the en*Puls* Version 2.0 device is to be used exceeds the above compliance levels, the en*Puls* Version 2.0 device should be monitored in order to ensure that it is functioning as intended. If unusual features are noticed, additional measures may be necessary such as re-orienting or relocating the en*Puls* Version 2.0 device.
- Above the frequency range from 150 kHz to 80 MHz the field strength should be less than 3 V/m.

## Recommended separation distances between portable and mobile RF telecommunications equipment and the en*Puls* Version 2.0 device

The en*Puls* Version 2.0 device is intended for operation in an electromagnetic environment where RF disturbances are monitored. The customer or user of the en*Puls* Version 2.0 device can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF telecommunications equipment (transmitters) and the en*Puls* Version 2.0 device – according to the output power of the communications device, as indicated below.

Rated output of transmitter W	Separation distance according to frequency of transmitter m		
	<b>150 kHz to 80 MHz</b> d= 1.2 √P	<b>80 MHz to 800 MHz</b> d= 0.35 √P	<b>800 MHz to 2.5 GHz</b> d= 0.7 √P
0.01	0.12	0.035	0.07
0.1	0.38	0.11	0.22
1	1.2	0.35	0.70
10	3.8	1.1	2.2
100	12	3.5	7

For transmitters rated at a maximum output which is not listed above, the recommended separation distance d in meters (m) can be determined using the equation applicable to the respective column, whereby P is the maximum rated output of the transmitter in Watts (W) according to the transmitter manufacturer.

NOTE 1 At 80 MHz and 800 MHz the higher frequency range is applicable.

NOTE 2 These guidelines may not be applicable in all cases. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.



User Manual

Zimmer MedizinSystems 25 Mauchly, Suite 300 Irvine, CA. 92618 800 327 3576 949 727 2154 fax www.zimmerusa.com info@zimmerusa.com

