



STEP 1 - Use the ON/OFF button on side of the unit to power up. The unit will go through a pre-check before being ready for use.

STEP 2 - Select the program using the PROGRAM up and down buttons

STEP 3 - Modify the frequency (if required) using the Frequency button

STEP 4 - Modify the treatment head (if required) using the Treatment Head button

STEP 5 - To modify the burst or timer use their up and down arrows

STEP 5 - Press the Start/Pause dial to begin the program, then spin dial to increase power.

You can end the treatment at any time by pressing the Stop Therapy button.

**For more details review the full manual or call  
Vitality Depot at 800.461.0100**

