



Wellness for the skin®

Crèmes	Coconut
Organica™	Made with pure Fractionated Coconut Oil!
Naturalé	Enriched with certified organic ingredients, including a blend of Jojoba and Olive Oil, Shea Butter, Aloe Vera.
Therapeutic Touch™	The silky glide is the key to the versatility of this 'middle of the road' massage crème.
Muscle Therapy	Has a thicker viscosity with less slip providing an even lasting glide and clean absorption.
Multi Purpose	Has a thicker viscosity with less slip providing an even lasting glide and clean absorption.
Deep Tissue	Wonderfully smooth creme provides a lasting glide and ultimate control for the therapist.
Foot Balm	This light whipped texture applies like a creme, yet performs like an oil and is great for multiple modalities.
	This versatile crème has a rich luxuriously thick consistency and a lasting glide with little slip.
	A blend of Dwarf Pine Oil, Horse Chestnut Extract, Menthol, Farnesol and Aloe Vera make this the most powerful vitamin infused moisturizing balm on the market!

Lotions	Coconut
Organica™	Made with pure Fractionated Coconut Oil!
Naturalé	This lightweight lotion exhibits superior glide and optimum absorption for maximum control.
Therapeutic Touch™	This loose texture lotion is balanced with the right amount of glide that can be used for modalities requiring longer lasting strokes.
Muscle Therapy	Lasting glide with a lighter touch and faster absorption makes this ideal for Neuromuscular and Deep Tissue modalities.
Swedish	A much thinner texture than a crème, this lotion has lasting glide and very little slip.
Original	This lotion is designed to last longer than most lotions and has a lighter feel on the skin.
Deep Tissue	A non-greasy, lightweight formula specifically designed to provide extended lasting performance while maintaining needed drag.
	Has the thinnest viscosity and highest water content out of all Bon Vital® massage lotions.

Gels	Coconut
Organica™	Made with pure Fractionated Coconut Oil!
Naturalé	This luxurious gel has a satiny glide that leaves the skin feeling silky smooth.
Therapeutic Touch™	Has a thicker consistency than massage oils and is perfect for clients with body hair or dry skin.
Muscle Therapy	This lightweight, yet highly moisturizing, gel has a long lasting glide with less reapplication.
Original	Lightweight gel absorbs like a lotion and has a lasting glide that leaves the skin silky smooth.
	This seed and plant based gel provides gentle friction and long lasting glide with fewer applications.

Oils	Coconut
Naturalé	100% pure Fractionated Coconut Oil!
Therapeutic Touch™	Although light in texture, this oil has long lasting glide that is perfect for Swedish Style modalities.
Muscle Therapy	This oil has a light texture, golden color and feels lighter than most oils on the skin.
Original	A very lightweight oil with a clean absorption is perfect for Sport Massage, Deep Tissue, Neuromuscular and Trigger Point modalities.
Grape Seed	A blend of Grapeseed, Jojoba, Avocado, Soybean and Safflower oils make this the perfect midweight massage oil.
	This oil has a very lightweight texture, smooth glide and easy absorption, and is known to be very gentle on skin.

		Attributes							Modalities/Applications*							
Viscosity: Low 1 - 10 High	Glide: Min 1 - 10 Max	Certified Organic**	Pumpable	Nut Oil-Free	Paraben-Free	Unscented/Scented	Water Dispersible/Soluble	Swedish Style Massage	Deep Tissue Work	Sports Massage	Neuromuscular	Geriatric	Ashiatsu	Shiatsu	Hot Stone	Reflexology
7	5		★		★	U	D	★	★	★		★		★		★
8	6	🌿	★	★	★	U	D	★	★	★		★				★
8	6		★	★	★	U	D	★	★	★		★				★
7	5		★	★	★	U	D	★	★	★		★	★	★		★
7	5		★	★	★	S	D	★	★	★						★
6	7		★	★	★	U	D	★	★	★		★				★
10	4			★	★	S	D	★	★	★		★				★
9	4		★		★	S	D					★				★
4	4		★		★	U	D	★	★	★	★	★				★
5	4	🌿	★	★	★	U	D	★	★	★		★				★
5	5		★	★	★	U	D	★	★	★		★				★
4	4		★	★	★	U	D	★	★	★	★	★				★
4	4		★	★	★	S	D	★	★	★	★					★
3	5		★	★	★	U	D	★		★		★				★
4	5		★	★	★	S	D	★	★	★		★				★
3	2		★	★	★	U	D		★	★	★	★				★
2	10		★		★	S	D	★	★	★						★
2	10	🌿	★	★	★	S	D	★	★	★						★
2	10		★	★	★	S	D	★	★	★						★
2	10		★		★	S	D	★	★	★						★
2	10		★	★	★	S	D	★	★	★						★
1	5		★		★	U	D	★	★	★						★
1	6		★		★	U	S	★	★	★						★
1	5		★		★	U	S	★	★	★						★
1	4		★		★	S	D	★	★	★					★	★
1	6		★		★	U	D	★	★	★						★
1	4		★		★	U	D	★		★						★

*Modalities/Applications in this guide are merely suggestions. Actual product usages may vary according to personal preference and experiences.
 **Enriched with Certified Organic Ingredients.

MODALITY GUIDE

Creams ★ the most popular because of their versatility, are designed to perform like an oil with lots of glide (slip) while being absorbed into the skin for plenty of control (grip). Whether performing modalities that require more slip or more grip the standard usage per massage is approximately 30 ml.

Lotions ★ generally have the least amount of lasting glide on the skin. Because they absorb quicker, they give more control to therapists without undo frictions to the client's skin. Lotions contain more water so they feel cooler on the skin and feel lighter. Because of these properties most lotions are considered the perfect choice for modalities requiring less slip and more grip.

Gels ★ have a thick oily consistency and feel warm and heavy on the skin. They typically will outperform any product on the market for having the longest lasting glide, making them known as the economical choice because "a little goes a long way". In general, use less of this product for a full body massage because it has a longer lasting glide and slip. Excellent product to use for clients with body hair or extremely dry skin.

Oils ★ can be found in a variety of absorption rates, viscosity, glide, color, scent and texture. They feel warmer on the skin than water based products. Oils have no preservatives, and should be cold pressed to maximize the benefits of vitamins and nutrients. Common classifications for oils are nut, seed or plant. Oils are available both blended (such as Naturalé Oil) and 100% pure (such as Grapeseed Oil). Oils are most widely used for modalities requiring lots of slip and glide; however manufacturers can also produce an oil that has more drag and grip.

Coconut Massage Crème

Made with pure Fractionated Coconut Oil! This wonderfully smooth creme offers all the skin nutrient benefits of coconut oil with a controlled glide making it versatile for all modalities. Less reapplication needed. Leaves no greasy feel. No Nut Oils. Unscented. Paraben Free!

Coconut Massage Gel

Made with pure Fractionated Coconut Oil! This lightweight gel offers all the skin nutrient benefits of coconut oil and has a satiny long lasting glide that leaves the skin feeling silky smooth. Out performs all other cremes, lotions and oils, so less reapplication needed. Water dispersible for easy cleanup of linens and fabrics. Leaves no greasy feel. No Nut Oils. Paraben Free!

Coconut Massage Lotion

Made with pure Fractionated Coconut Oil! This lightweight lotion offers all the skin nutrient benefits of coconut oil with a controlled glide making it versatile for all modalities. Less reapplication needed. Leaves no greasy feel. No Nut Oils. Unscented. Paraben Free!

Coconut Massage Oil

100% pure Fractionated Coconut Oil! A rich consistency with a tremendous glide. Great for blending with your favorite essential oils. Leaves no greasy feel. Unscented. Paraben Free!

Deep Tissue Massage Crème

This rich luxuriously thick consistency leaves a lasting glide with little slip and is versatile enough for Swedish and Deep Tissue modalities. Deep Tissue Crème is our second thickest creme and has lots of drag and friction. Loaded with antioxidants and vitamins, clients will be amazed at how this crème nourishes and softens the skin. Too thick to pump. No Nut Oils. Slight lemon and sage fragrance. Paraben Free!

Deep Tissue Massage Lotion

Has the thinnest viscosity and highest water content out of all Bon Vital' massage lotions, and provides the perfect amount of grip without any stickiness, offering ultimate control and no drag. Great for modalities that require no slip and all grip. Pumpable. No Nut Oils. Unscented. Paraben Free!

Foot Balm

Originating from a family recipe in the Austrian Alpine region near Salzburg, Bon Vital' Original Formula Foot Balm has nearly a century of creating Wellness for the Feet™. A carefully selected blend of ingredients—Dwarf Pine Oil, Horse Chestnut Extract, Menthol, Farnesol and Aloe Vera—make this the most powerful vitamin infused moisturizing balm on the market! The lasting glide is perfect for reflexology, shiatsu, deep tissue or a general relaxing massage, with great absorption so there is no residue between the toes or on the feet.

Grapeseed Oil

This oil has a very lightweight texture, smooth glide and easy absorption, and is known to be very gentle on skin. Contains a nice balance of oleic, linoleic, palmitic and stearic fatty acids. Excellent skin toner. Naturally rich in vitamins and minerals. Pumpable. No Nut Oils. Unscented. Paraben Free!

Multi Purpose Massage Crème

As the name implies, Multi Purpose Crème is great for multiple modalities. This light whipped texture applies like a creme, yet performs like an oil. The consistency and workability allows for a smooth and silky glide while being easily absorbed in the skin. Excellent for modalities requiring more glide. Pumpable. No Nut Oils. Unscented. Paraben Free!

Muscle Therapy Massage Crème

This wonderfully smooth creme provides a lasting glide and ultimate control for the therapist. Muscle Therapy Crème penetrates deep within the layers of skin and gives a clean absorption. Perfect for Sports Massage, Deep Tissue, Neuromuscular and Trigger Point modalities. Pumpable. No Nut Oils. Paraben Free!

Muscle Therapy Massage Gel

This lightweight gel absorbs like a lotion and has a lasting glide that leaves the skin silky smooth. Less reapplication needed. Perfect for Sports Massage, Deep Tissue, Neuromuscular, and Trigger Point modalities. Water dispersible for easy cleanup of linens and fabrics. Leaves no greasy feel. No Nut Oils. Paraben Free!

Muscle Therapy Massage Lotion

Has a lasting glide with very little slip, similar to the Therapeutic Touch Lotion, and a much thinner texture than a creme. This moisture rich lotion infused with essential oils leaves a slight warming and soothing sensation on the skin. Excellent for all modalities, especially Deep Tissue work because it has more grip. Pumpable. No Nut Oils. Paraben Free!

Muscle Therapy Massage Oil

This very lightweight oil with a clean absorption is perfect for Sport Massage, Deep Tissue, Neuromuscular and Trigger Point modalities that allow you more control, less slip and more grip. Because of the unique blend of essential oils, try it on clients who have lots of muscle or arthritic joint pain. Excellent for all modalities. No Nut Oils. Paraben Free!

Naturalé Massage Crème

Versatility is the key as Naturalé Crème is the perfect "middle of the road" massage creme. Provides a nice even glide and smooth finish. The blend of Sesame Seed, Safflower and Jojoba Oils create a longer lasting glide on the skin without the extra slip. Excellent for all modalities. Pumpable. No Nut Oils. Unscented. Paraben Free!

Naturalé Massage Gel

Has a thicker consistency than massage oils and is perfect for clients with body hair since the lasting glide outperforms most cremes, lotions and oils on the market. Less need for reapplication during a massage means using less product per massage, making this extremely economical. Pumpable. No Nut Oils. Paraben Free!

Naturalé Massage Lotion

This loose texture lotion is balanced with the right amount of glide that can be used for Swedish Style modalities requiring longer lasting strokes. The viscosity is thinner than the Organica Lotion, with more slip, and absorbs quicker than massage cremes. Pumpable. No Nut Oils. Unscented. Paraben Free!

Naturalé Massage Oil

Although light in texture, this oil has a long lasting glide that is perfect for Swedish Style modalities that require longer lasting strokes. This light textured oil is our #1 selling massage oil. Naturalé Oil can also be used for Hot or Cold Stone Massage. Pumpable. No Nut Oils. Unscented. Paraben Free!

Organica™ Massage Crème

Earth friendly formula enriched with certified organic ingredients, including a blend of Jojoba and Olive Oil, Shea Butter, Aloe Vera, and more! Infused with Organic Arnica and Chamomile Botanical Extracts. This luxurious creme has a thicker texture, long lasting glide, and superb grip suitable for all types of massage modalities, especially modalities that use techniques requiring more slip or longer lasting glide. Pumpable. No Nut Oils. Unscented. Paraben Free!

Organica™ Massage Gel

This luxurious gel has a satiny glide that leaves the skin feeling silky smooth. Infused with Organic Arnica and Chamomile to soothe and calm achy muscles. Excellent for all modalities. Water dispersible for easy cleanup of linens and fabrics. Leaves no greasy feel. No Nut oils. Paraben Free!

Organica™ Massage Lotion

This lightweight lotion exhibits superior glide and optimum absorption for maximum control, with a thick texture for providing more grip, control, and drag on the skin. Feels warmer and heavier on the skin than most massage lotions. Excellent for all modalities. Pumpable. No Nut Oils. Unscented. Paraben Free!

Original Massage Gel

This seed and plant based gel provides gentle friction and long lasting glide with fewer applications, making it very economical. A blend of Sunflower, Sesame Seed, Aloe Vera, Avocado, and Soybean oils provide a nourishing and moisturizing massage with a silky finish. Excellent for all modalities. Pumpable. No Nut Oils. Paraben Free!

Original Massage Lotion

A non-greasy, lightweight formula specifically designed to provide extended lasting performance, while maintaining needed drag. A smooth glide and satiny light texture make this the perfect choice for all massage modalities. Pumpable. No Nut Oils. Unscented. Paraben Free!

Original Massage Oil

A blend of Grapeseed, Jojoba, Avocado, Soybean and Safflower oils make this the perfect midweight massage oil. The thicker consistency allows for lasting glide, slower absorption, and great for Hot Stone Massage, Lomi Lomi or Swedish Style strokes. Pumpable. No Nut Oils. Unscented. Paraben Free!

Swedish Massage Lotion

This lotion is designed to last longer than most lotions and has a lighter feel on the skin than cremes, oils or gels and never leaves a residue. This lotion is enriched with Jojoba Oil, Grapeseed Oil, and infused with a powerful extract, Ilex (Paraguay Tea Leaf Extract). Pumpable. No Nut Oils. Unscented. Paraben Free!

Therapeutic Touch™ Massage Crème

Has a thicker viscosity than Naturalé Crème but thinner than Organica Crème, so it has less slip with an even lasting glide and clean absorption. Enriched with Squalane, Olive Oil and Arnica Extract, and a blend of Jojoba, Sesame, and Grapeseed oils. Excellent for all modalities. Pumpable. No Nut Oils. Unscented. Paraben Free!

Therapeutic Touch™ Massage Gel

This lightweight, yet highly moisturizing, gel has a long lasting glide and requires less reapplication, making it excellent for all modalities. Water dispersible for easy cleanup of linens and fabrics. Leaves no greasy feel. No Nut Oils. Paraben Free!

Therapeutic Touch™ Massage Lotion

Has a thicker viscosity than Naturalé Lotion and thinner than Organica Lotion. Lasting glide with a lighter touch and faster absorption makes this ideal for Neuromuscular and Deep Tissue modalities. Pumpable. No Nut Oils. Unscented. Paraben Free!

Therapeutic Touch™ Massage Oil

This oil has a light texture, golden color and feels lighter than most oils on the skin but produces more drag than Naturalé Oil. The slower absorption of Olive Oil provides the perfect balance to the quick absorption of Jojoba Oil. The continuous drag is better suited for deep tissue modalities. No Nut Oils. Unscented. Paraben Free!

**PERFORMANCE
HEALTH**

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